

# REFLECTIONS ART CONTEST

## Music Rules

### Be a Composer!

- You create the tune and the words (if any). You or someone else can perform the song.

### This Year's Theme Is "I Matter Because..."

- A theme is a fancy way of saying what your music is about. You can think about it anyway you'd like. Let your mind soar! If you're having trouble getting started, try finishing the sentence, "I Matter Because..."
- How does your music remind you of the theme? (Tip: You might want to write down or remember some of these ideas. You'll use them later in the artist statement.)

### How Long Can My Music Be?

- Recordings shouldn't be longer than 5 minutes and 1,000MB in file size
- Accepted audio formats are MP3 and WAV

### Tips for Great Quality Sound:

- Don't place the recorder on top of an instrument or speakers
- Turn off all background noise in the room.
- Make a test recording. Check for background sounds and the clarity of the music.
- Hit record and wait 2 seconds before recording. After you stop your music, wait 2 seconds before hitting stop.

### Make Sure That:

- Your music idea is original and composed by you only.
- If you've heard the same lyrics or tune before, leave it out of your song.
- Write your **artist statement!** A thoughtful artist statement = big points in the contest! Include what your music is about and what "I Matter Because..." means to you.

### Due Date:

- [Entries are due Tuesday, October 27th !](#)
- Ask an adult to send a copy of your song and the signed [Entry Form](#) to [reflections@adamselementary.org](mailto:reflections@adamselementary.org)

**What Happens After I Turn in My Music?**

- Your music and artist statement will be on display in a virtual art gallery.
- Adams will select a few entries to represent the school in the Seattle Reflections Contest.